



Staffordshire Together For Carers Service

Do you have a family member,
friend or neighbour who cannot
manage without your support?
Then we may be able to help you



Get in touch

Staffordshire County Council and Staffordshire Together for Carers Service are working together to offer holistic support to Carers of all ages who live in Staffordshire.

This combined level of support can provide:

- A Support Plan detailing all your Carers support needs
- One to one and group-based support
- Support to take breaks from caring, including befriending and peer support
- Training and skills development
- Newsletters four times per year detailing local groups, activities and training
- Online Carers Community Network for Carers to connect with other Carers and talk about topics most important to them
- A 24/7 Volunteer manned Carers Help and Talk (CHAT) Line
- Support to develop emergency and contingency plans and much more

Carers of all ages can contact the County Council for information, support and an assessment of your needs. You can contact the Council:

Opening Times: **Monday - Friday 9.00am - 5.00pm**

Telephone: **0300 111 8010** (calls charged at local rate)

Young Carers: **01785 278444**

General Email / Referrals: **firstcontactcarers@staffordshire.gov.uk**

Carers who do not wish to take part in a Carers Assessment but would like to access the information, advice and support provided by the Staffordshire Together for Carers Service can contact the service directly:

Opening Times: **Monday - Friday 9.00am - 5.00pm**

Telephone: **0300 303 0621** (calls charged at local rate)

Text: **07786 201226**

General Email: **enquiries@staffordshiretogetherforcarers.org.uk**

Website: **www.staffordshiretogetherforcarers.org.uk**

Online Chat: **www.n-compass.org.uk/our-services/carers**